

Nutri-Tech Educational Books



Agriculture & Human Health

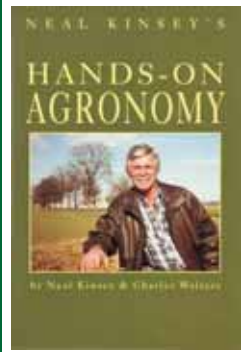
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Agriculture



Hands on Agronomy: The soil is more than just a substrate that anchors crops in place. An ecologically balanced soil system is essential for maintaining healthy crops. This is a comprehensive manual on soil management. The "whats and whys" of micronutrients, earthworms, soil drainage, tilth, soil structure and organic matter are explained in detail.

Softcover, 340 Pages.
By: Neal Kenney & Charles Walters



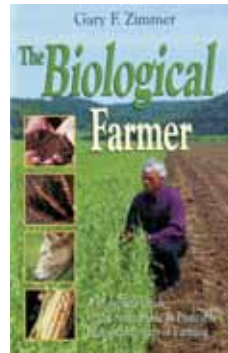
Nutrition Rules!: Nutrition Rules! is a 312-page inquiry into the mechanics of what Graeme Sait has dubbed "Nutrition Farming" - a desperately important game plan for the improvement of our health and wellbeing in Century 21 and the framework for a new agricultural paradigm. Nutrition Farming™ is the sustainable production of nutrient-dense food for the protection and sustenance of all who consume it.

Softcover, 312 Pages.
By: Graeme Sait



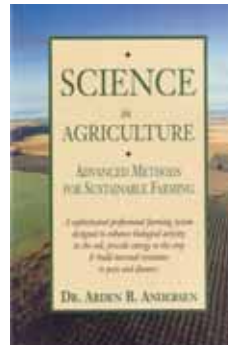
The Three Up Tour: This 116 page manual was the wordbook for a hugely successful whistle stop tour of Australia and New Zealand conducted by three of the world leading consultants. Gary Zimmer, Jerry Brunetti and Graeme Sait share their accumulated wisdom in this comprehensive coverage of the twenty one separate presentations that comprised the two day seminar. This manual is regularly rated as "exceptional educational info" by growers seeking to expand their understanding of biological agriculture and human health issues.

Softcover, 116 Pages.
By: Gary Zimmer, Gerry Brunetti & Graeme Sait



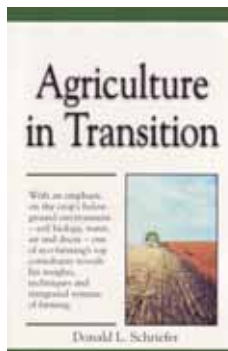
The Biological Farmer: This is the farming consultant's bible. It schools the interested grower in methods of maintaining a balanced, healthy soil that promises greater productivity at lower costs, and it covers some of the pitfalls of conventional farming practices. Zimmer knows how to make responsible farming work. His extensive practical knowledge of biological farming and his super consulting skills shine through in this comprehensive guide.

Softcover, 365 Pages.
By: Gary F. Zimmer



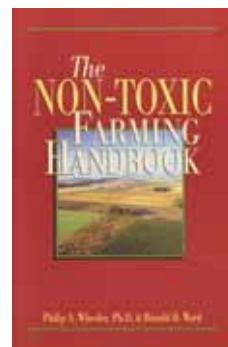
Science In Agriculture: By ignoring the truth, ag-chemical enthusiasts are able to claim that pesticides and herbicides are necessary to feed the world. However low-to-mediocre crop production, weed, disease, and insect pressures are all symptoms of nutritional imbalances and inadequacies in the soil. The progressive farmer who knows this, and adds a measure of common sense, will grow bountiful, disease-free and pest-free commodities without the use of toxic chemicals.

Softcover, 370 Pages.
Dr. Arden B. Andersen



Agriculture In Transition: This book was crafted in the last 5 years of Schriefer's life, and it represents the paradigm of innovation and dedication that embodied his life's work. Schriefer was a pioneer in developing an awareness of the relation of tillage to soil fertility, focussing three major soil basics - soil aeration, soil water and soil decay - as the foundation of sound, productive agriculture.

Softcover, 240 Pages.
By: Donald L. Schriefer



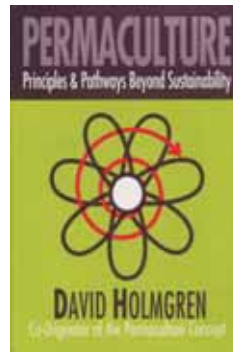
The Non Toxic Farming Handbook: Farmers, growers, and serious gardeners around the world are discovering that the toxic methods taught for the past 50 years do not work. By sledge-hammering nature into submission, every problem solved brings on new problems. Attacking these with another toxic treatment further stresses the balance of nature, bringing on a new set of difficulties. Discover a host of techniques to escape this unious cycle through working with nature rather than against her.

Softcover, 236 Pages.
By: Philip A. Wheeler & Ronald R. Ward



Paramagnetism: Followers of Phil Callahan are familiar with his eclectic blend of disciplines, his lovely prose and his contagious enthusiasm for the science of nature. Paramagnetism is the culmination of knowledge from all of his previous works, and will certainly be his most popular book to date, and a classic for years to come.

Softcover, 142 Pages.
Philip S. Callahan, Ph.D



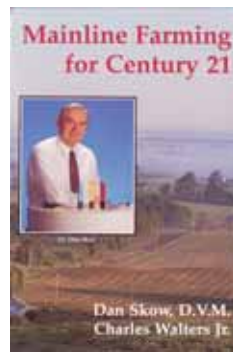
Permaculture: David Holmgren uses permaculture principles as a framework for an empowering but challenging vision of creative adaptation to a world of energy descent. This book builds on the extraordinary success of the permaculture concept and global permaculture movement (over the last 25 years), to provide a more cerebral and controversial contribution to the sustainability debate.

Softcover, 286 Pages.
By: David Holmgren



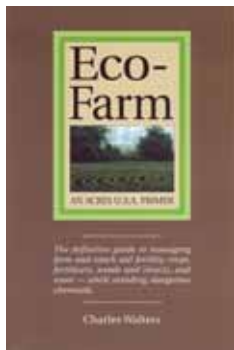
The Secret Life of Compost: Malcolm Beck's Garden-Ville, a large-scale commercial composting operation in central Texas, is one of the largest of its kind. Now he shares his insight into the processes of decay that can transform everything from lawn trimmings to sewer sludge into life-giving earth. Bring out the best in a small, backyard garden. Increase the production while lowering the inputs on a huge row-crop operation. Found your own commercial composting business.

Softcover, 160 Pages.
By: Malcolm Beck



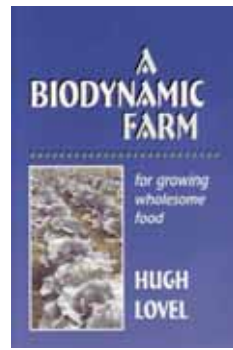
Mainline Farming for Century 21: This book demolishes the mythology on which toxic chemical agriculture has been built. Dr Dan Skow's teacher was the late Dr Carey Reams, and the lessons he learned - and improved upon - are important ones. This book teaches how to measure fertility down to the atomic level, and project forward bins and bushels with brix high enough to confer immunity to fungal, bacterial and insect attack - and to ward off weeds.

Softcover, 215 Pages.
By: Dan Skow, D.V.M & Charles Walters Jr.



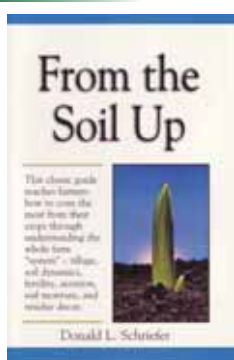
Eco Farm: In this book, eco-agriculture is explained - from the tiniest molecular building blocks, to managing the soil - in terminology that not only makes the subject easy to learn, but vibrantly alive. Eco-Farm truly delivers a complete education in soils, crops and weed and insect control. This should be the first book read by everyone beginning in eco-agriculture, and the most shop-worn book on the shelf of the most experienced.

Softcover, 450 Pages.
By: Charles Walters



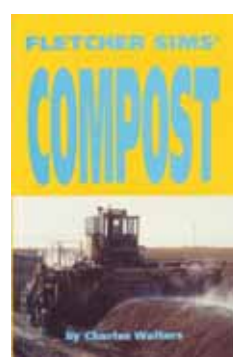
A biodynamic Farm: In his own personable, enchanting style, Level explains: the role of individual BD preparations, how to make your own BD preps, proper application and timing of field treatments. This book beings the sometimes confusing subject of biodynamics within the grasp of all farmers, and for this, agriculture owes Hugh Level a great debt.

Softcover, 215 Pages.
By: Hugh Level



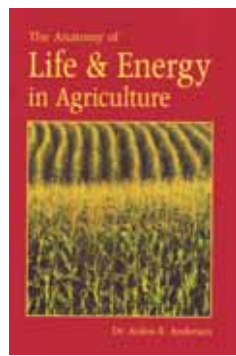
From the Soil Up: The farmer's role is to conduct the symphony of plants and soil. In this book, learn how to coax the most out of your plants by providing the best soil and removing all yield-limiting factors. Schriefer is best known for his "systems" approach to tillage and soil fertility, and his understanding of soil dynamics and familiarity with modern agriculture's most effective soil management techniques come together to present a practical, comprehensive guide to effect plant cultivation.

Softcover, 274 Pages.
By: Donald L. Schriefer



Fletcher Sims' Compost: This book covers the optimal conditions for converting plant and animal wastes into compost by balancing the correct ratio of raw materials, using the correct micro-organisms and moisture content, proper pile or windrow construction, and efficient mixing. Fletcher Sims, the Dean of Composters, has elevated the "art" of good composting to a "science". A book that really draws you in, it is a combination of a biography and technical guide.

Softcover, 247 Pages.
By: Charles Walters



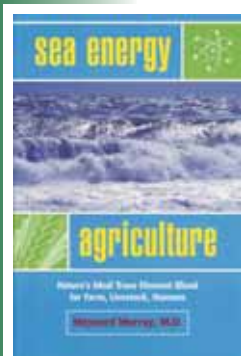
The Anatomy of Life & Energy in Agriculture: Here is the real key to farm success: the nature and properties of soil, nitrogen sources, the fertiliser prescription, the cosmic energy blueprint, nutrient deficiencies that mean weeds and insects, and refractometer (brix) scales for produce and storable crops. This is a book that will give you the inside edge on production and profitability.

Softcover, 115 Pages.
By: Dr. Arden B. Andersen



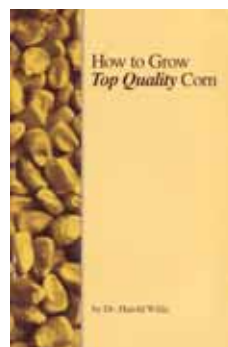
Seaweed and Plant Growth: A top-notch book on the use of seaweeds in agriculture. It is not an accident that most of the answers to biologically sounds agronomy should come from the nutritional centre of gravity, the ocean. Well documented, this book fills a void in the eco-farming library, not with academic ramblings, but with highly readable scientific facts and breathtaking case reports.

Softcover, 202 Pages.
By: T.L. Senn. Ph.D



Sea energy agriculture: This book recounts Murray's experiments and presents his astounding conclusions. The work of this eco-ag pioneer was largely ignored during his lifetime, and his book became a lost classic - out of print for more than 25 years. Now this rare volume is once again available, with a new foreword and afterword by the founder of Acres USA, Charles Walters.

Softcover, 109 Pages.
Maynard Murray, M.D.



How to grow top quality corn: Learn which is better, hybrids or open-pollinated corn. How important is humus to high-quality crops? Which fertiliser materials are harmful, and which are beneficial? Practical hands-on knowledge that is hard to come by.

Softcover, 58 Pages.
By: Dr. Harold Willis



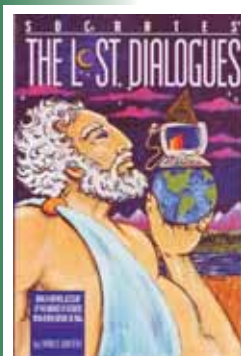
Tuning in to nature: Why and how does the cabbage butterfly zero in on a cabbage plant and not a potato? Why do certain moths approach a candle flame and not a wood fire? And why are millions of "love bugs" attracted to paved highways in the southern US states to the point of becoming a traffic hazard? These, and similar questions, involve plant and insect radiations, sex lures (pheromones), and the infrared portion of the spectrum.

Softcover, 239 Pages.
By: Philip S. Callahan. Ph.D



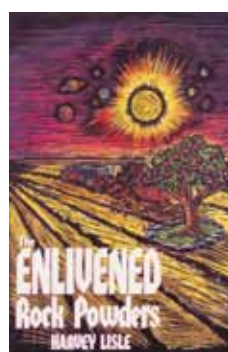
Talking with Nature: Michael Roads's classics on the soul of nature now together in one volume. What would happen if we stopped for even a moment and truly listened to Nature? When Michael Roads first began hearing a river talking to him, he attempted to deny and ignore it. But Nature persisted, and gradually Michael learned to let go. When he did, he discovered a healing and nurturing power - a power available to us all.

Softcover, 310 Pages.
By: Michael Roads



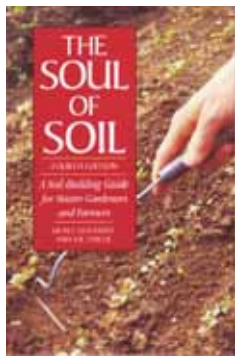
Socrates the lost dialogues: A faithful account of the absence of Socrates from Athens before his trial. Namely Logic.... "Oh, I have passed through your libraries, and I am flattered to find my memory enshrined therein. I have walked this earth seventy years, and I can tell you that knowledge cannot be deduced from the past alone. Look at your own universities. Can you not see that all doctors of philosophy are proof that their science has no understanding of the soil whatsoever?"

Softcover, 122 Pages.
By: Charles Walters



The enlivened rock powders: The practical side of using rock dusts as fertilisers, compost enrichers, and plant growth enhancers is discussed in this exciting book. Beginning with an explanation of the spiritual, cosmic side of rocks, and drawing from his extensive knowledge of biodynamic techniques and dowsing, Lisle explains how to utilise these materials in agriculture. Peppared with in-depth quotations from other writings on the forces within rocks, this is destined to be the definitive work on the subject.

Softcover, 208 Pages.
By: Harvey Lisle



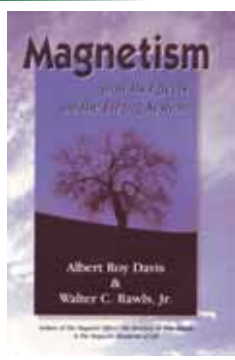
The Soul of Soil: All life on earth depends on the complex dynamics of the soil ecosystem. To understand soil is to be aware of how everything affects and is affected by it. This book provides a practical introduction to managing soil for long-term productivity. It is a handbook of useful practical guidelines to help make sound management decisions based on ecological principles, with minimal off-farm fertilisers.

Softcover, 174 Pages.
By: Grace Gershuny & Joe Smillie



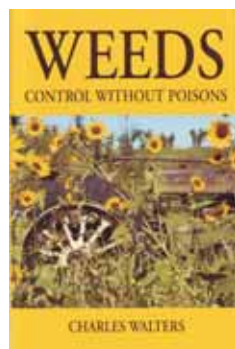
The Bio-Gardeners Bible: Bio-gardening combines the resources of science and nature to produce yield after yield of safe, abundant and nutritious crops. Noted agriculturist Lee Fryer tells the home gardener how to build perpetual soil fertility. Use the best, most productive organic farming and agribusiness methods, and control pests with healthy plants - not with pesticides.

Softcover, 240 Pages.
By: Lee Fryer



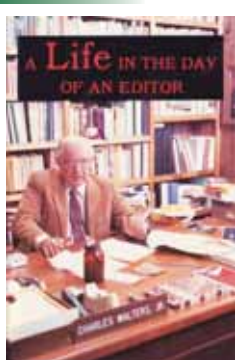
Magnetism & its effects: This book is the result of years of investigations into the laws of magnetism, and is the first book ever written explaining how magnetism affects your life and the life of all living systems around you. Special information on sex, ageing, cancers, tumours and more. Findings presented in this book are reproducible and factual.

Softcover, 132 Pages.
By: Albert Roy Davis & Walter C. Rawls, Jr.



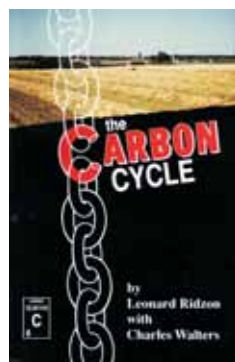
Weeds control without poison: As the author explains, "Low biological activity is inherent in each weed problem. Each weed is keyed to a specific environment slotted for its proliferation". Further, calcium, magnesium, potassium and other elements in equilibrium are likely to roll back more weeds than all the herbicides available on the market.

Softcover, 352 Pages.
By: Charles Walters



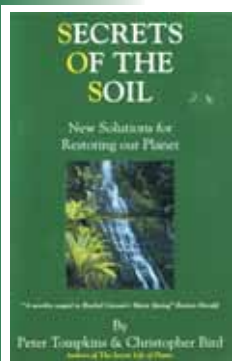
A life in the day of an editor: Fast-Paced, bare-knuckle reporting at its best with the founder of Acres USA taking you through chapter and verse on what it took to make Acres USA take form, gather speed and move ahead. More than a memoir or biography, the book represents background knowledge in eco-agriculture and economics as well as a peek behind the scenes of Acres USA.

Softcover, 249 Pages.
By: Charles Walters



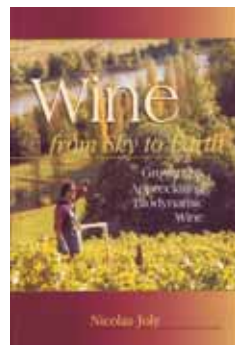
The Carbon Cycle: This book defines the role of carbon in the soil digestion process. Priceless is Ridzon's insight into the soil carbon function in handling toxicity. Every eco-farmer needs to understand the role of the carbon cycle.

Softcover, 143 Pages.
By: Leonard Ridzon with Charles Walters



Secrets of the soil: The newly back-in-print book reports the stories of the innovative, non-traditional and spiritual methods that certain scientists and farmers are using to avoid the use of toxic chemical agriculture. Such things as rock dusts, Rudolf Steiner's biodynamic techniques and Phil Callahan's contributions. This is a great overview of the new agriculture now starting to take hold by two of eco-writings most meticulous researchers.

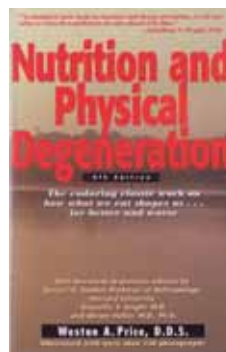
Softcover, 444 Pages.
By: Peter Tompkins & Christopher Bard



Wine from sky to earth: Biodynamic growers rejoice! The successes of alternative agriculture have seldom been more apparent than in the high, broad acclaim for wines of the Coulee de Serrant vineyards. Joly has tapped the rich bounty nature possesses and profited by it. Here, you will find agricultural methods that are proven and which offer a radically different approach to the destructive, chemical-dependant practices of modern viticulture. Create your own legendary vintages drawing on his expertise.

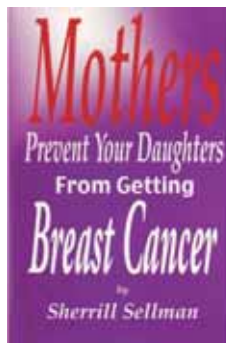
Softcover, 168 Pages.
By: Nicolas Joly

Human Health



Nutrition and physical degeneration: Dr. Price's fascinating accounts of his discoveries, and the extensive photo documentation he provides, drive home the nutritional truths that are only now gaining general understanding, and this book remains an unequalled source of basic information - a "must for anyone seriously interested in the effects of food on health" (Robert M. Cathcart, M.D.).

Softcover, 524 Pages.
Weston A. Price, D.D.S



Mothers prevent your daughters from getting breast cancer: If you thought breast cancer only occurred in older women, think again. Women in their thirties, twenties and even teenagers are now being diagnosed. Presently 250,000 American women under the age of forty are living with breast cancer. Young women's cancers tend to be more aggressive and have lower survival rates.

Softcover, 321 Pages.
By Sherrill Sellman



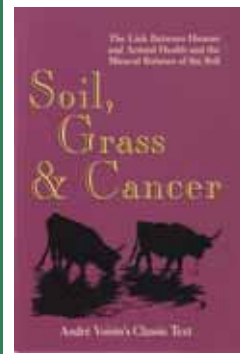
Beating Cancer: Dr Willem Serfontein is an expert in the fields of cancer, coronary heart disease, asthma and the healing power of nutrition. As professor-emeritus at the University of Pretoria, he is currently working on the development of nutritional supplements. He is the co-author of *Your heart: the unrefined facts*, the author of *New Nutrition* and has been extensively published in local and international medical and scientific journals.

Softcover, 193 pages.
By: Dr Willem Serfontein



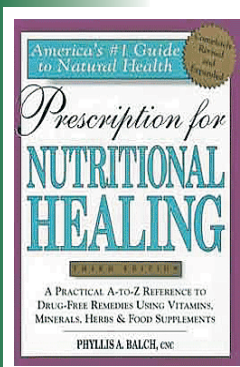
Getting There: Adam Baker, an eco-farming consultant, is divorced, lonely, estranged from his family... totally miserable. Walking on a deserted beach, he meets "Selph", a precocious, overweight, wisecracking, sloppily dressed teenager, who appears out of nowhere and claims to be his long-sought spiritual teacher. Wanting to get Adam's attention, Selph brings a long-dead seabird back to life. Thus begins this funny, insightful, dramatic, and fast-paced adventure about the meaning of life.

Softcover, 372 Pages.
By: Michael Roads



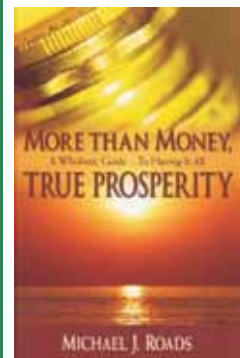
Soil, Grass & Cancer: Almost a half-century ago, Andre Voisin had already grasped the importance of the subterranean world. He mapped the elements of the soil and their effects on plants, and ultimately, animal and human life as well. He saw the hidden danger in the gross over-simplification of fertilisation practices that use harsh chemicals and ignore the delicate balance of trace minerals and nutrients in the soil.

Softcover, 368 Pages.
By: Andre Voisin



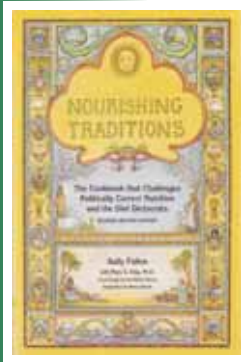
Prescription For Nutritional Healing: Renowned nutrition consultant and natural health specialist Phyllis A. Balch (cnc) has researched and written this master work which has become Americas leading guide to natural health. 8 million copies of this 776 page book have been sold to date and the rest of the world is just discovering this exceptional author. Prescription for Natural Healing offers an abundance of information for those seeking relief from a specific ailment or for those seeking to maintain optimum health.

Soft Cover, 776 Pages
By: Phyllis A. Balch



More Than Money, A Wholistic Guide ...To Having It All, True Prosperity: If all the gold in the world were melted down into a solid cube it would be about the size of an eight room house. If a man got possession of all that gold – billions of dollars worth – he could not buy a friend, character, peace of mind, clear conscience or a sense of eternity. What possibly could be more important than money? The answer is abundantly clear for world lecturer, author and teacher Michael J. Roads.

Softcover, 218 pages.
By: Michael J. Roads



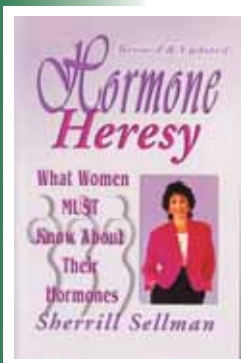
Nourishing Traditions: The cookbook that challenges politically correct nutrition and the diet dictocrats. Recalling the culinary customs of our ancestors and looking ahead to a future of robust good health for young and old, this book offers modern families a fascinating guide to wide food choices and proper preparation techniques.

Softcover, 675 Pages.
By: Sally Fallon



Wild Fermentation: is the only comprehensive recipe book of fermented and live-culture cuisine ever published. Much more than a cookbook, it is a "cultural manifesto" that explores the history and politics of human nutrition. This revolutionary and unique book will appeal to anyone interested in world food traditions and the vital connection between real food and good health.

Softcover, 188 Pages.
By: Sandor Ellix Katz



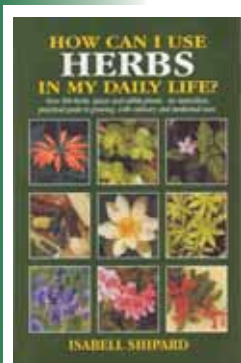
Hormone Heresy: Sherrill Sellman is an international author, psychotherapist, women's health advocate and seminar presenter. She has extensively researched the most vital and up-to-date information necessary for women's health and wellbeing. Through her writing, lectures and seminars, she has empowered women all over the world to make more educated and informed choices about their health.

Softcover, 256 Pages.
By: Sherrill Sellman



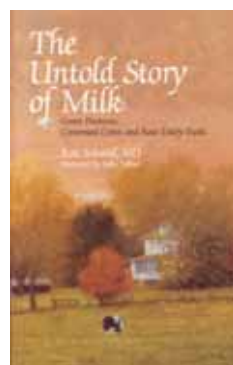
Bread From Stones: This book was the first work to attack Von Liebig's salt fertiliser thesis, and it stands as valid today as when first written over 100 years ago. In addition to the classic text, comments by John Hamaker and Phil Callahan add meaning to the body of the work. Many who stand on the shoulders of the giant have yet to acknowledge Hensel.

Softcover, 102 Pages.
By Julius Hensel



How can I use herbs in my daily life: Isabell Shipard best selling book on the practical use of herbs is a treasure trove of information for any reader concerned with increasing their understanding of natural medicine and nutrition. Isabell's extensive experience and wealth of knowledge shines through in this life enhancing book which encourage readers to be more self reliant and self sufficient in both food and medicine. Her contagious enthusiasm is a key fact in the tremendous success of this publication.

Softcover, 378 Pages.
By: Isabell Shipard



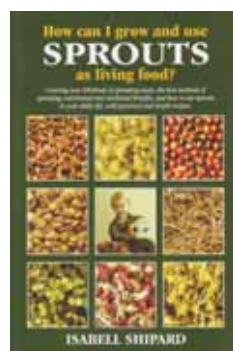
The Untold Story of Milk: Ron Schmid, ND, naturopathic physician, writer, teacher and farmer, has prescribed raw milk for his patients for nearly 25 years. The author of *Traditional Foods Are Your Best Medicine*, Dr. Schmid is a graduate of MIT and the National College of Naturopathic Medicine. He has taught at all four of America's naturopathic schools and served as Clinic Director and Chief Medical Officer at the University of Bridgeport College of Naturopathic Medicine.

Softcover, 368 pages.
By: Ron Schmid, ND



New Nutrition: Almost all diseases and afflictions (both mental and physical) can be traced back to nutritional deficiencies. The answer to optimal physical and mental health therefore lies in harnessing the power of nutrition – but how does one go about it?. New Nutrition provides you with the answers, guidelines, risk-profiles and action programmes you need to successfully transform your health and your life through the power of optimal nutrition. Look forward to balanced wellness, personal success and a long, healthy life!

Softcover, 370 pages.
By: Dr Willem Serfontein



How can I grow and use SPROUTS as living food?: Isabell Shipard has become something of a national treasure since the release of her best selling book on herbs. She has become a national TV & Radio personality and she is heavily involved in teaching, presenting at grower groups and writing articles for numerous publications. In this fascinating new book, Isabell rings the praise of sprouts as an incomparable source of nutrient dense, enzyme packed, living food which should form part of everyone's nutrition regime.

Soft cover, 129 pages.
By: Isabell Shipard